

R&RA Press Release



R&RA (The Relatives & Residents Association) publishes report on couples being split up when one of them has to move into residential care.

Moving Stories: The impact of admission into a care home on residents' partners

by Alison Clarke and Les Bright

At a time when concern about the welfare of older people in residential care has never been greater, this timely report looks at the experiences of couples where one of them has gone into care, leaving the other behind to cope with the sense of loss, guilt, financial hardship and loneliness that they often experience. Practical involvement in the physical care of their loved one may have ended, yet the continuing impact on their lives of their mutual relationship can be immense and far-reaching.

Drawing on the experiences of callers to the R&RA advice line, this report by Alison Clarke and Les Bright describes the emotional and practical difficulties they have faced. It makes clear recommendations for action by government, local authorities and care homes.

"Alison Clarke and Les Bright have produced a first class piece of work that makes a valuable contribution to our understanding of the perplexing and distressing situation that many older couples have to face" Dr Gillian Dalley, Chief Executive, R&RA

"I urge anyone who is involved with supporting older people in making decisions about moving into residential care to read this report. It will provide insight into the dilemmas they have to contend with and the sadness they experience." Judy Downey, Chair, R&RA

Information for editors:

1. The authors are available for interview by contacting R&RA on 020 7359 8148
 2. The report Moving Stories is available, price £8 (£6 to members) direct from R&RA, 24 The Ivories, 6-18 Northampton Street, London N1 2HY. Order forms are also available via the website:
www.relres.org
 1. Contact R&RA for membership details, making donations and information about its work by emailing: info@relres.org
 2. R&RA exists to promote the wellbeing of older people in residential care and their relatives. It does this through the provision of advice, information and support through its telephone advice line, campaigning for higher standards in care homes and project work to improve the quality of care received.
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